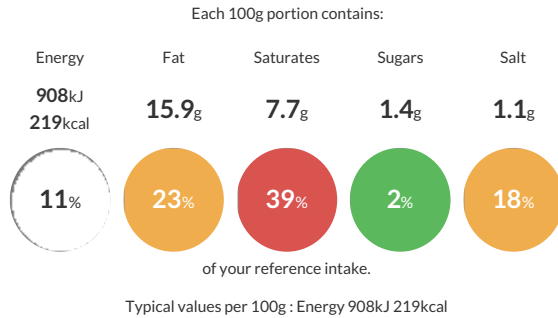


CHEESE AND BACON BITES

Oven baked cheese, egg and bacon frittata topped with a slice of smoked Suffolk bacon.

Reference Intake

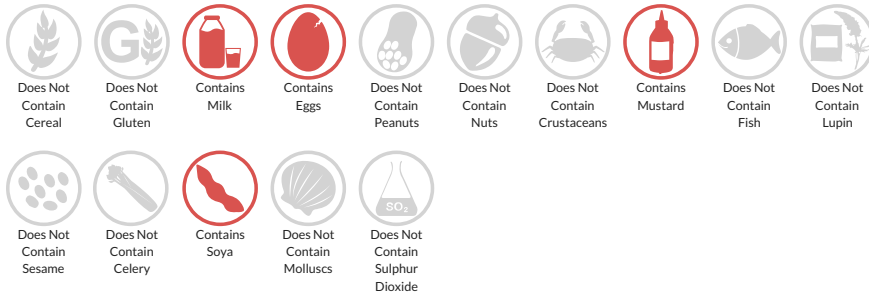


Nutritional Information

Typical Values	Per 100g
Energy	908kJ 219kCal
Carbohydrates	5.8g
of which sugars	1.4g
Fat	15.9g
of which saturates	7.7g
Fibre	0.6g
Protein	12.8g
Salt	1.1g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Free range **EGG** (25%), Mature Cheddar Cheese (**MILK**) 20%, Bacon (17%) (Pork, Salt, Dried Glucose Syrup, Dextrose, Sugar, Sodium Ascorbate, Sodium Nitrite, Hydrolysed **SOYA** Protein, Sodium carbonates) White Onion, Potato, Single Cream (**MILK**), Modified Maize Starch, Dijon **MUSTARD**, Garlic Purée, Ground Black Pepper.

ALLERGENS: Are highlighted in **UPPERCASE** within the ingredient listing.