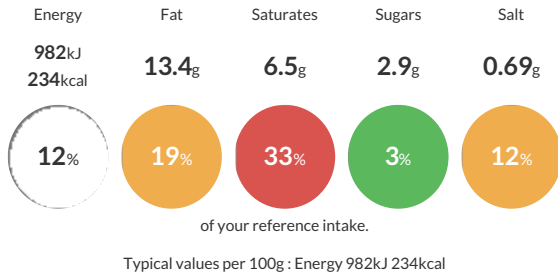


MEXICAN SALSA QUICHE PICKUPS

Diced fresh red & green peppers and tomato, sweetcorn, onion and Cheddar cheese in a lightly chilli & coriander flavoured free-range egg custard, topped with diced fresh red & green peppers and tomato, encased in our signature stone-baked short crust pastry. Pre-cut into 24 pick ups.

Reference Intake

Each 100g portion contains:

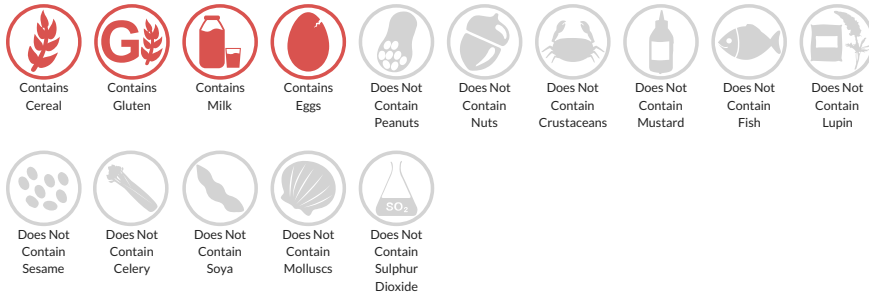


Nutritional Information

Typical Values	Per 100g
Energy	982kJ 234kCal
Carbohydrates	20.8g
of which sugars	2.9g
Fat	13.4g
of which saturates	6.5g
Fibre	-g
Protein	6.6g
Salt	0.69g

Allergy Information

Key: **Contains** **May Contain**



Dietary Information

Key: **Suitable for**



Ingredients

Mexican Salsa Quiche Pickup Filling: (Whole Milk (Milk), Whole Egg (**EGG**), Mature Cheddar Cheese (**MILK**) (Pasteurised Cows **MILK**, Salt, Vegetarian Rennet, Starter Culture, Colour: Annatto), Sweetcorn, Green Pepper, Red Pepper, Tomato, Modified Maize Starch, Sun Dried Tomato (Tomatoes 95%, Salt 5%), Dehydrated Potato, Fresh Coriander Leaves, Basil, Sea Salt, Red Chilli Purée (Red Chilli, White Wine Vinegar, Sunflower Oil, Salt, Guar Gum)).

Pastry - **WHEAT** Flour (**WHEAT**, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Mono and Diglycerides of Fatty Acids; Acidity Regulator: Citric Acid, Sodium Citrates; Colour: Carotenes; Flavouring, Antioxidant: Tocopherol-Rich Extract), Shortening (Palm Oil, Rapeseed Oil), Maize Flour, Water, Tomato Purée, Sea Salt.

ALLERGENS: Are highlighted in **UPPERCASE** within the ingredient listing.