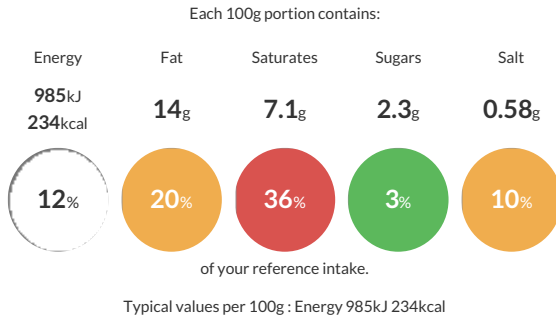


STILTON AND BROCCOLI PICKUPS

Broccoli florets, crumbled blue Stilton and cheese & onion in a delicate free-range egg custard, topped with fresh broccoli florets and encased in our signature stone-baked shortcrust pastry. Pre-cut into 24 pick ups.

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	985kJ 234kCal
Carbohydrates	20.3g
of which sugars	2.3g
Fat	14g
of which saturates	7.1g
Fibre	1.2g
Protein	7.6g
Salt	0.58g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Quiche Filling: Whole Milk (**MILK**), Egg (**EGG**), Onion, Broccoli, Mature Cheddar Cheese (**MILK**), (Pasteurised Cow's Milk, Salt, Vegetarian Rennet, Starter Culture, Colour (Annatto), Stilton Cheese (**MILK**), (Raw **MILK**, Coagulant, Starter Culture, Salt, Blue Mould Spores, Potato Starch), Modified Maize Starch, Dehydrated Potato, Ruby Port (**SULPHITES**).

Golden Pastry Case: **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin) Vegetarian Margarine (Palm, Rapeseed Oil, Water, Salt, Emulsifier: Mono & Diglycerides of Fatty Acids, Acidity Regulator: Citric Acid, Sodium Citrates, Colour: Carotenes, Natural Flavouring, Antioxidant: Tocopherol Rich Extract), Vegetable Shortening (Palm Oil, Rapeseed Oil), Maize Flour, Water, Tomato Purée, Sea Salt.

ALLERGENS: Are highlighted in **UPPERCASE** within the ingredient listing.